

Current Practices in Breastfeeding  
and Infant Sleep Positioning:  
A Guide for Education of Prenatal  
and Postpartum Women  
Registration Form Due  
by August 20th

Full Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Preferred Mailing Address: \_\_\_\_\_

City/State/Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Credentials: ☐ RD ☐ RN ☐ Nutritionist  
☐ Home Health Visitor  
☐ Other: \_\_\_\_\_

Which day(s) would you like to attend:

☐ September 12 ☐ September 13

☐ Both Days



Missouri Department of Health and Senior Services  
Nutrition Training Institute  
P.O. Box 570  
Jefferson City, Missouri 65102



Current Practices in Breastfeeding  
and Infant Sleep Positioning:  
A Guide for Education of Prenatal  
and Postpartum Women

September 12, 2006  
with Amy Spangler  
from 9:00 AM - 3:00 PM  
and

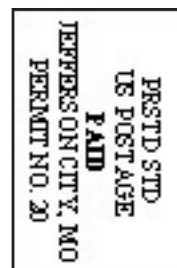
September 13, 2006  
with Dr. James S. Kemp  
from 8:30 AM - 12:00 PM

Governor Office Building  
Jefferson City, Missouri

Sponsored by  
Missouri Department of Health and  
Senior Services (DHSS)  
Unit of Genetics and Healthy Childhood  
and  
Bureau of WIC and Nutrition Services,  
Nutrition Training Institute



Please Return Registration to:  
Attn: Michele Bailey,  
Missouri Department of Health and  
Senior Services,  
Bureau of WIC and Nutrition Services,  
P.O. Box 570, Jefferson City, MO  
65102-0570 or fax to Michele at  
573.526.1470



## Speakers:



♥ **Amy Spangler, MN, RN, IBCLC,** is the President of website Amy's Babies, the Perinatal Instructor at Northside Hospital in Atlanta, Georgia, and an Affiliate Faculty at the Emory University School of Nursing. Ms. Spangler presents at state and national work-shops for health professionals around the United States. She has received honors from various Academic and Fraternal/Philanthropic Societies, Professional Organizations, and from Ohio State University. Ms. Spangler has held many positions in professional affiliations, including the U.S. Food and Drug Administration's Infant Formula Subcommittee. Along with her website, she has published many books and articles on topics of breastfeeding.



♥ **James S. Kemp, MD,** is Associate Professor of Pediatrics for the Division of Pulmonary Medicine at St. Louis University's Cardinal Glennon Children's Hospital and is the Secondary Associate Professor for the Department of Community Health's School of Public Health at St. Louis University. Dr. Kemp has held several university and hospital appointments, and has taken an active role in numerous professional societies and organizations. His awards include the American Lung Association's Edward Livingston Trudeau Scholar, and he has been honored as "Best Doctors in America" for 2002, 2003, 2004, and 2005. He has presented at state and national conferences on the topics of SIDS and Sleep Disorders in Infancy and Childhood. Over the years, Dr. Kemp has also been published in numerous medical books.

September 12, 2006  
with Amy Spangler

- ♥ Teaching without Preaching
- ♥ Breastfeeding in a Bottle-feeding Culture
- ♥ Breastfeeding: Keep It Simple

September 13, 2006  
with James S. Kemp

- ♥ Importance of Safe Sleep Practices in Preventing Sudden Death
- ♥ Academy of Pediatrics Recommendations
- ♥ Safe Sleep Environment

## Goal:

- ♥ To educate WIC providers and MCH Home Visitors on current practices related to breastfeeding and safe sleep practices.

## Objectives:

- ♥ MCH home visitors and WIC providers will demonstrate knowledge of current teaching strategies for breastfeeding that can be used with clients in the home or WIC clinic.
- ♥ MCH home visitors and WIC providers will demonstrate current knowledge regarding infant sleep practices as they relate to the 2005 American Academy of Pediatrics safe sleep guidelines.

Registration Form Due by  
August 20th

## Target Audience:

- ♥ WIC Providers
- ♥ Maternal Child Health Home Visitors

## Continuing Education Credits:

- ♥ This continued education activity has been submitted for approval for Registered Dietitians and WIC Nutritionists.



No  
Registration  
Fee

## Note:

- ♥ Participants are asked to please bring a sweater or jacket due to variations in temperature and personal preferences.
- ♥ You may attend the first day, the second day, or both days. Seating is limited, so registration is based on seating availability.
- ♥ Acceptance to each program is based on seating availability. If selected, a confirmation will be sent to you.
- ♥ Cancellations must be made one week in advance by calling Michele Bailey at 573.751.6481.
- ♥ Beverages and lunch will be on your own.

For Questions Call Cathy Kruse  
at 573.751.6266 or email at  
Cathy.Kruse@dhss.mo.gov